

People First Language

- Say “Person with a disability” instead of “Disabled or handicapped.”
- Say “Person with Cerebral Palsy” instead of “CP or spastic.”
- Say “Person who is deaf or hard of hearing” instead of “Deaf and dumb.”
- Say “Person with an Intellectual disability” instead of “Mentally retarded or retard.”
- Say “Person with Epilepsy or person with a seizure disorder” instead of “Epileptic.”
- Say “Person who uses a wheelchair” instead of “Confined to a wheelchair.”
- Say “Person with Down Syndrome” instead of “Mongoloid or retard.”
- Say “Person who has a physical disability” instead of “Crippled.”
- Say “Non-disabled” instead of “Normal or healthy.”
- Say “Accessible parking” instead of “Handicapped parking.”