



Missouri's Journey to Healthcare Home

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Agenda

- * Services
- * Implementation
- * Reimbursement
- * HCH Team
- * Accreditation
- * Outcome Measures
- * Recognitions



What is a Health Home?

* Affordable Care Act Section 2703 defines a ***“health home”*** as a designated provider selected by an eligible individual to provide the following services:

1. Comprehensive Care Management
2. Care Coordination and Health Promotion
3. Comprehensive Transitional Care
4. Patient and Family Support
5. Referral to Community and Social Support Services
6. Use of Information Technology to Link Services



What is a Health Home?

- * CMS expects Health Homes to be based on a ***“whole person”*** philosophy and to:
 1. Lower rates of emergency room use
 2. Reduce in-hospital admissions and readmissions
 3. Reduce healthcare costs
 4. Decrease reliance on long-term care facilities
 5. Improve experience of care, quality of life and consumer satisfaction
 6. Improve health outcomes



First in the Nation!

- * On October 20, 2011, Missouri became the first state in the nation to receive approval of a Medicaid State Plan Amendment establishing Health Homes under Section 2703 of the Affordable Care Act.
- * The first approved SPA in the nation establishes behavioral health homes: ***Missouri's CMHC Healthcare Homes.***
- * Missouri has two types of Health Homes:
 - * Primary Care Health Homes *approved 12/23/11
 - Federally Qualified Health Centers (FQHCs)
 - Public Hospitals
 - Rural Health Clinic (RHC)
 - * CMHC Healthcare Homes (28)



Missouri Partners in Planning

A collaborative effort involving:

- Dept. of Social Services (MO HealthNet)
- Dept. of Mental Health
- Coalition of CMHCs
- Primary Care Association (FQHCs)
- Hospital Association
- Health Foundations
- Schools





Missouri Implementation Teams

- * Health Home Steering Team
 - * MO Budget Director, Medicaid Director, DMH, Coalition and MPCA
- * CMHC Healthcare Home Operations Team
 - * Medicaid, DMH, Children's Division, Coalition, CMT
- * CMHC/PC Joint Operations Team
 - * Medicaid, DMH, Children's Division, Coalition, MPCA, CMT
- * CMHC Implementation Team
 - * Weeds: Operations, Data, Training, Evaluation, etc.
 - * DMH, Coalition, Practice Coaches, CMT
- * CMHC Healthcare Home Steering Committee
 - * Medicaid, DMH, Coalition, Providers
- * Practice Coaches
 - * Assigned to HCHs for technical assistance
- * Data Advisory Committee
 - * DMH, Coalition, Providers, CMT





Implementation

- * State Plan Amendment approved 10/20/11
 - * Effective 1/1/12
- * 28 CMHC Healthcare Homes
- * 17,882 individuals auto-enrolled
 - * CMHC consumers with at least \$10,000 Medicaid costs
- * 23,500 individuals currently enrolled
 - * 2014- 5,000 additional slots approved for CMHC Healthcare Homes



Target Population

* Clients eligible for a CMHC healthcare home must meet one of the following three conditions:

1. A serious and persistent mental illness

* CPR eligible adults, and kids with SED

2. A mental health condition and substance use disorder

3. A mental health condition and/or substance use disorder and one other chronic health condition:

- * Diabetes
- Cardiovascular disease
- Chronic obstructive pulmonary disease (COPD)
- Overweight (BMI >25)
- Tobacco use
- Developmental disability



Reimbursement: Per Member Per Month



- * PMPM: \$83.56 (Year 1 = \$78.74)
 - * Health Home Director (1:500)
 - * Primary Care Physician Consultant (1 hr/enrollee/year)
 - * Nurse Care Manager (1:250)
 - * Care Coordinator/Clerical Support (1:500)
 - * Data monitoring and reporting
 - * Training



Healthcare Home Team Members

- * **Primary Care Consulting Physician**
- * **Health Care Home Director**
- * **Nurse Care Managers**
- * **Care Coordinator/Clerical Support**
- * Community Support Specialists
- * Psychiatrist
- * QMHP, PSR and other Clinical Staff
- * Peer Specialist
- * Family Support Specialist



CARF Behavioral Health Home

- * MO SPA requires all CMHC Healthcare Homes to be accredited as a Healthcare Home within 2 years.
- * CARF (Commission on Accreditation of Rehabilitation Facilities) met with Missouri HCH leaders in October 2011 to help draft behavioral health home standards.
- * Standards were published in July 2012 and training for Missouri occurred in November 2012.
- * Practice Coaches attended the training, met with their agencies, and began work towards CARF accreditation.
- * The Joint Commission released Behavioral Health Home standards January 2014.
- * All MO CMHC Healthcare Homes are accredited by CARF or TJC.

DM Healthcare Home Measures



Performance Measure	Goal
Asthma Med (A&C) - % of clients 5-64 identified as having persistent asthma and were appropriately prescribed medication during the measurement period.	70%
BP Control HTN (A) - % of clients 18 and older with a dx of hypertension with reported BP <140/90 mmHg during the most recent office visit in previous 12 months.	60%
LDL Control Cardio (A) - % of clients 18-75 with a dx of CAD with reported LDL <100 mg/dL in previous 12 months.	70%

DM Healthcare Home Measures



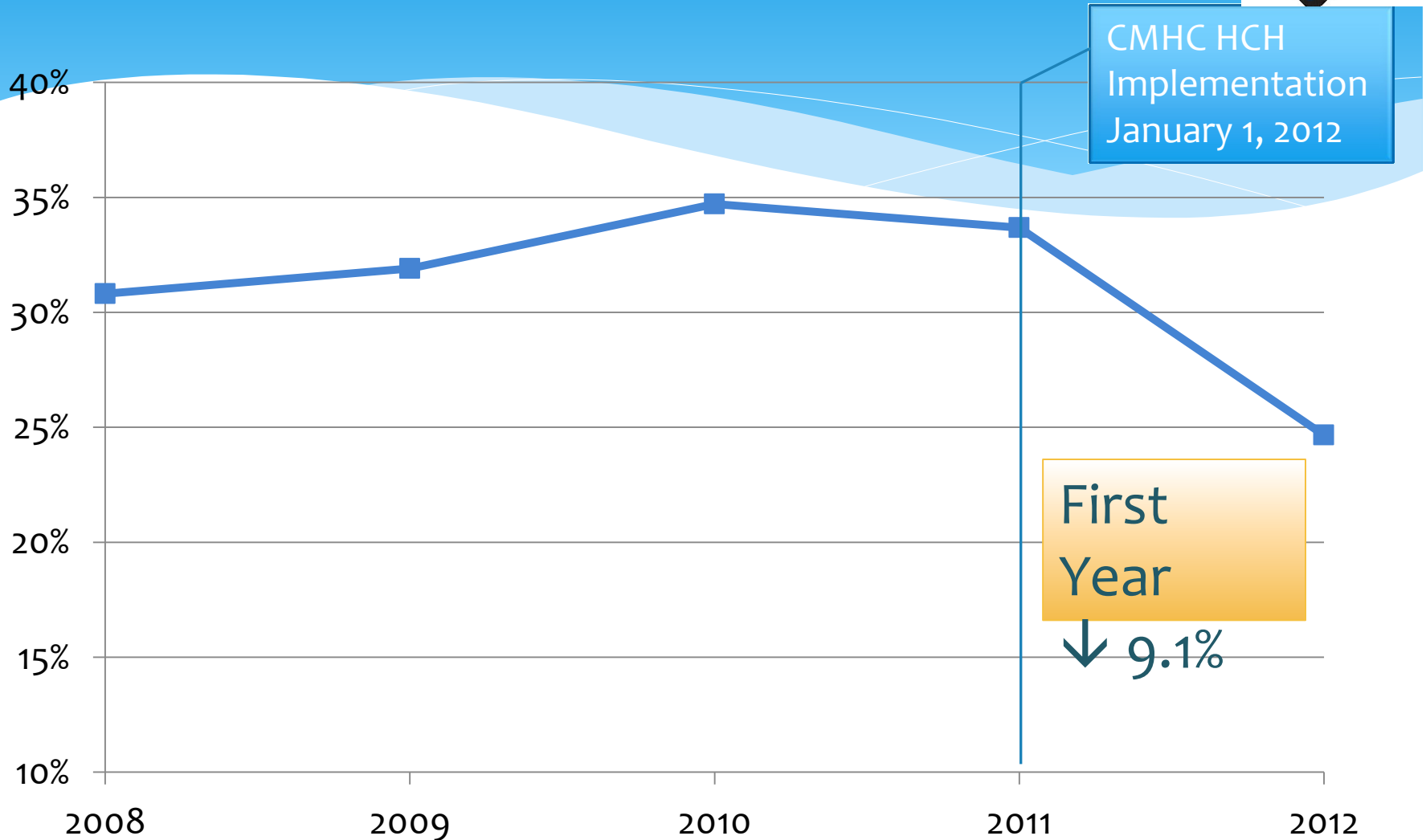
Performance Measure	Goal
Diabetes BP Control (A) - % of clients 18-75 with a dx of diabetes (type 1 or 2) with reported BP <140/90 mmHg in previous 12 months.	65%
Diabetes A1c Control (A) - % of clients 18-75 with a dx of diabetes (type 1 or 2) with reported HbA1c <8.0% in previous 12 months.	60%
Diabetes LDL Control (A) - % of clients 18-75 with a dx of diabetes (type 1 or 3) with reported LDL <100 mg/dL in previous 12 months.	36%

DM Healthcare Home Measures



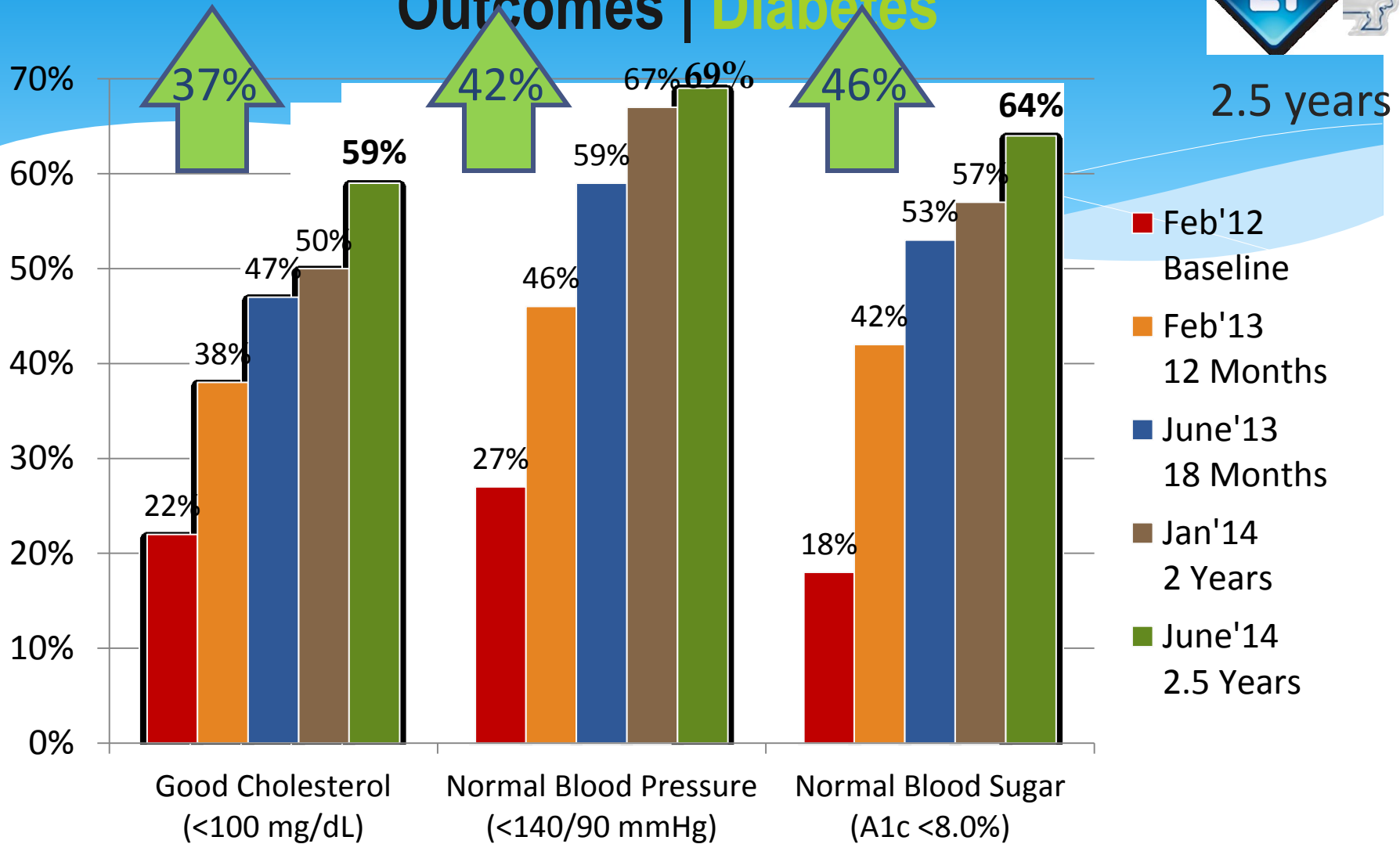
Performance Measure	Goal
No Tobacco Use (A&C) - % of clients reporting no tobacco use in previous 12 months.	56%
Metabolic Screen (A&C) - % of clients with completed MBS screening in previous 12 months. Includes: BMI, BP, blood glucose/HbA1c, lipid panel, and use of anti-psychotic medication and tobacco.	80%

Outcomes | % of Clients w/ 1+ Hospitalization





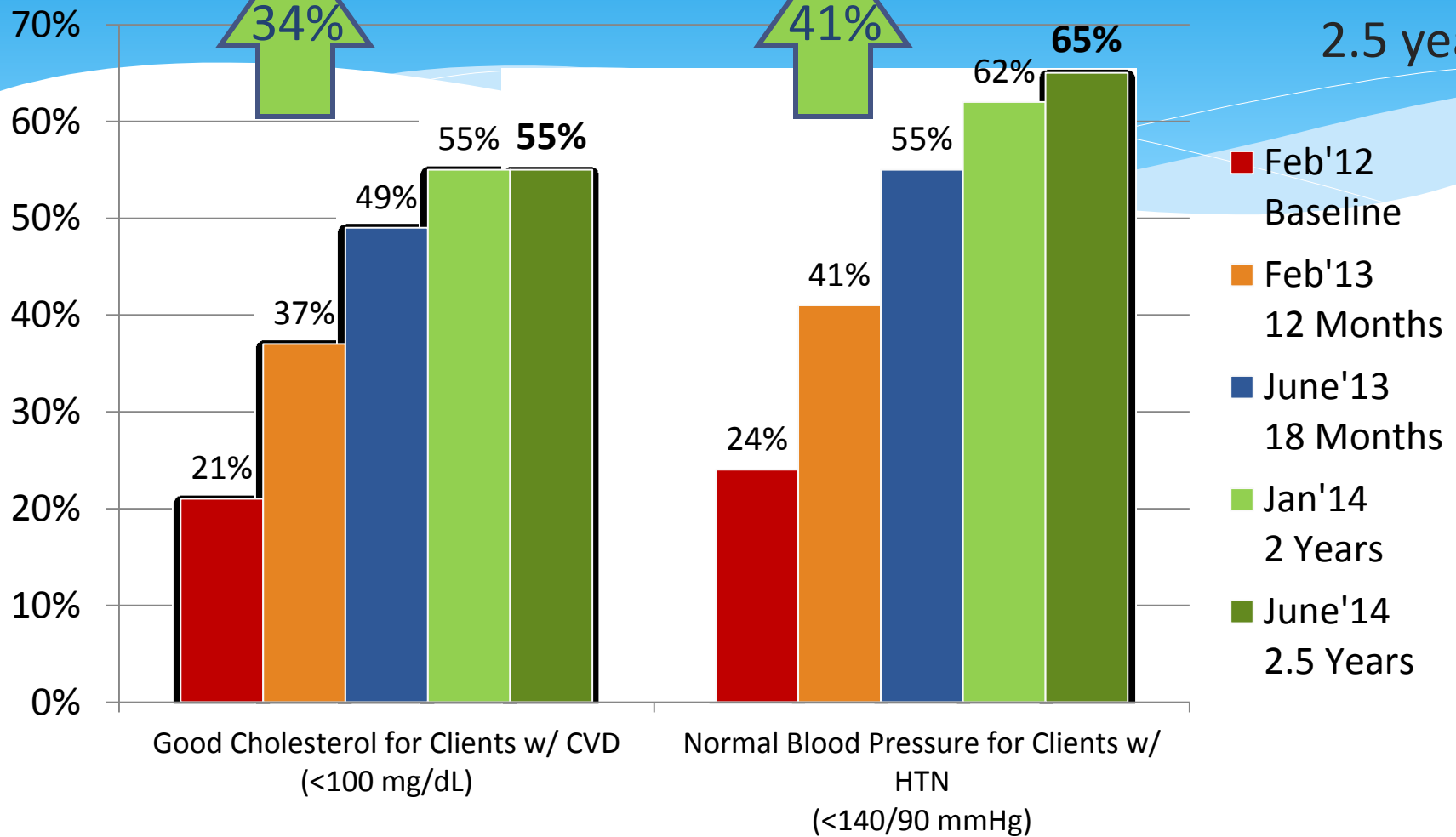
Outcomes | Diabetes



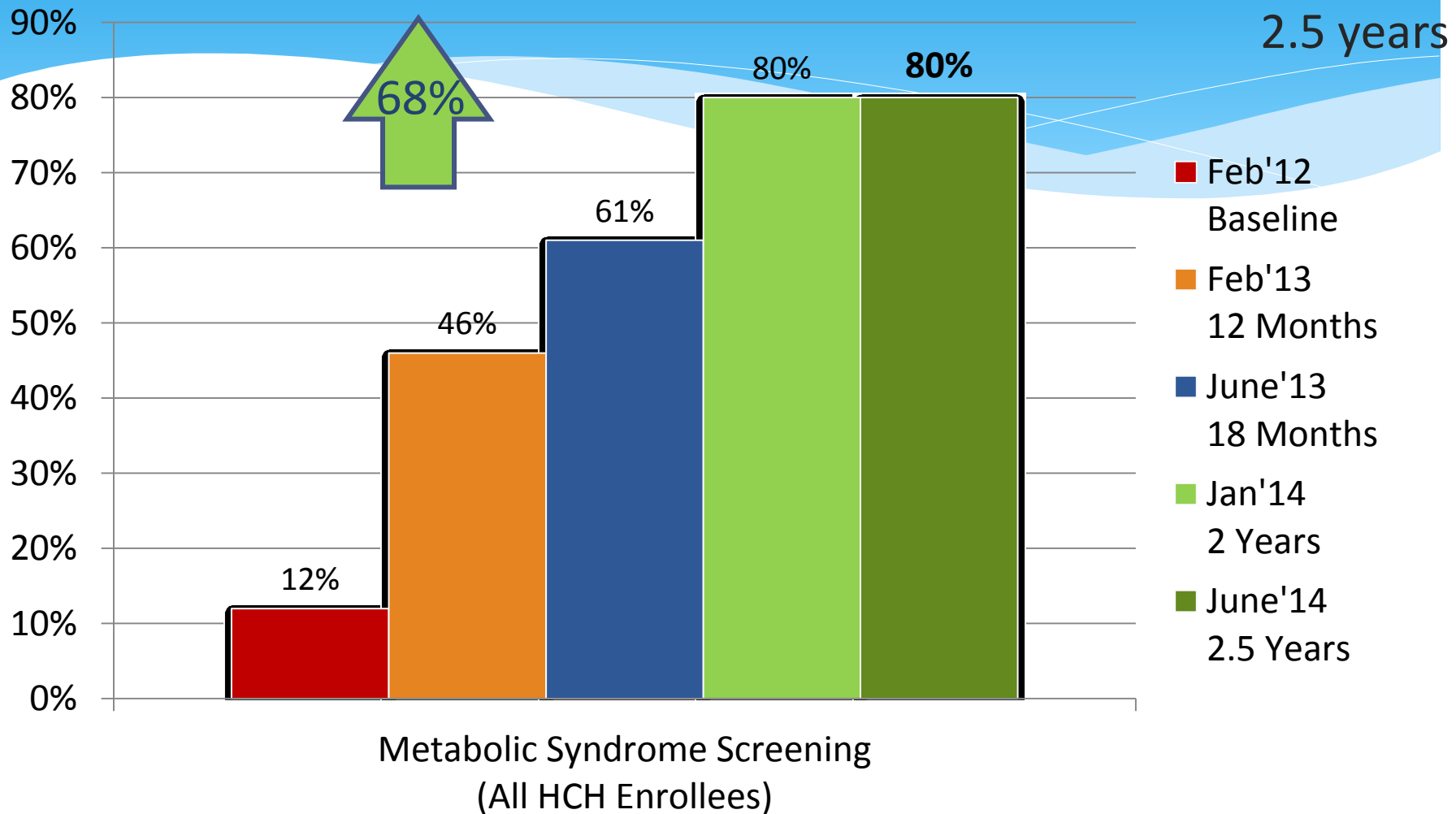
Outcomes | Hypertension and Cardio



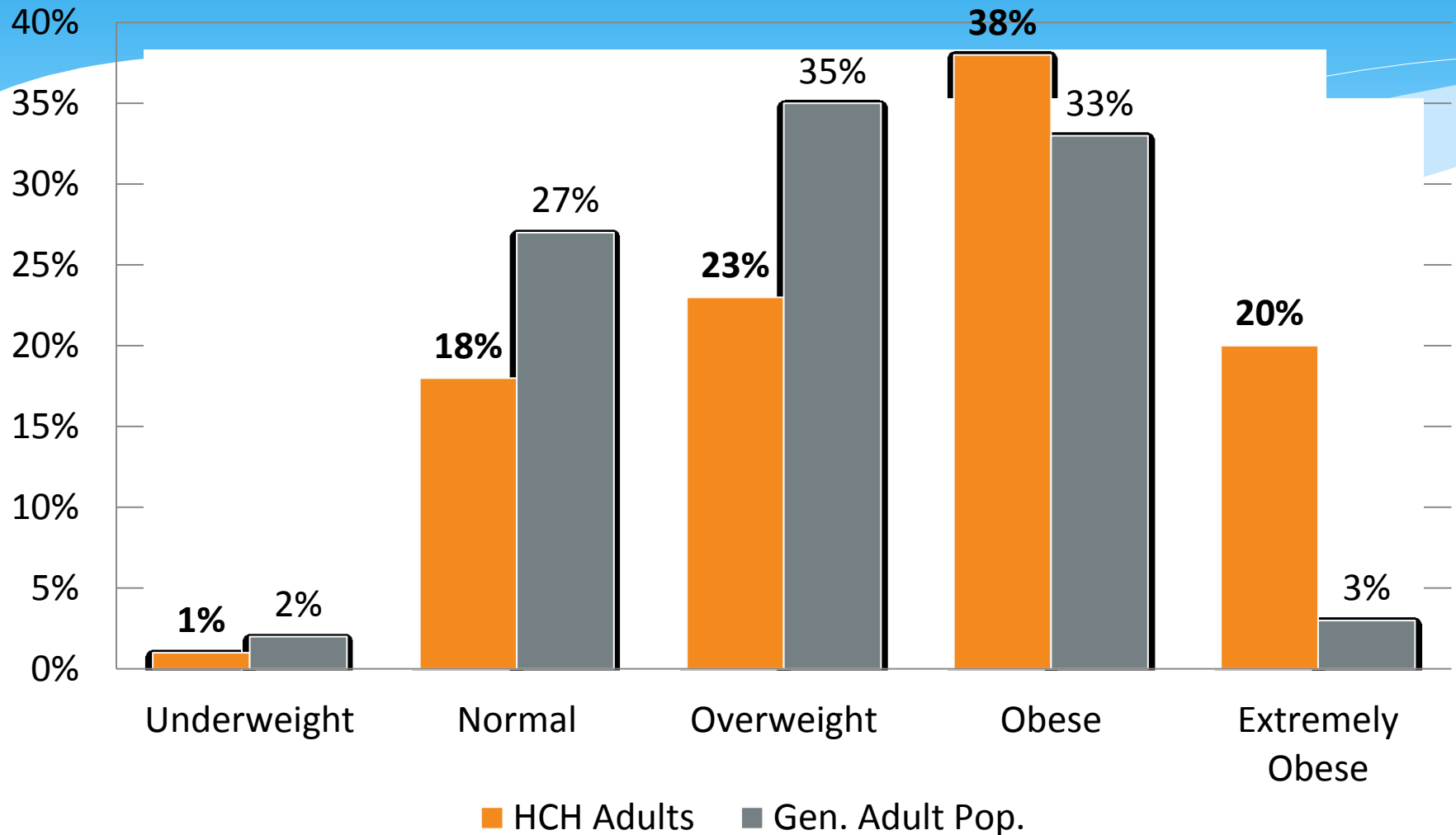
2.5 years



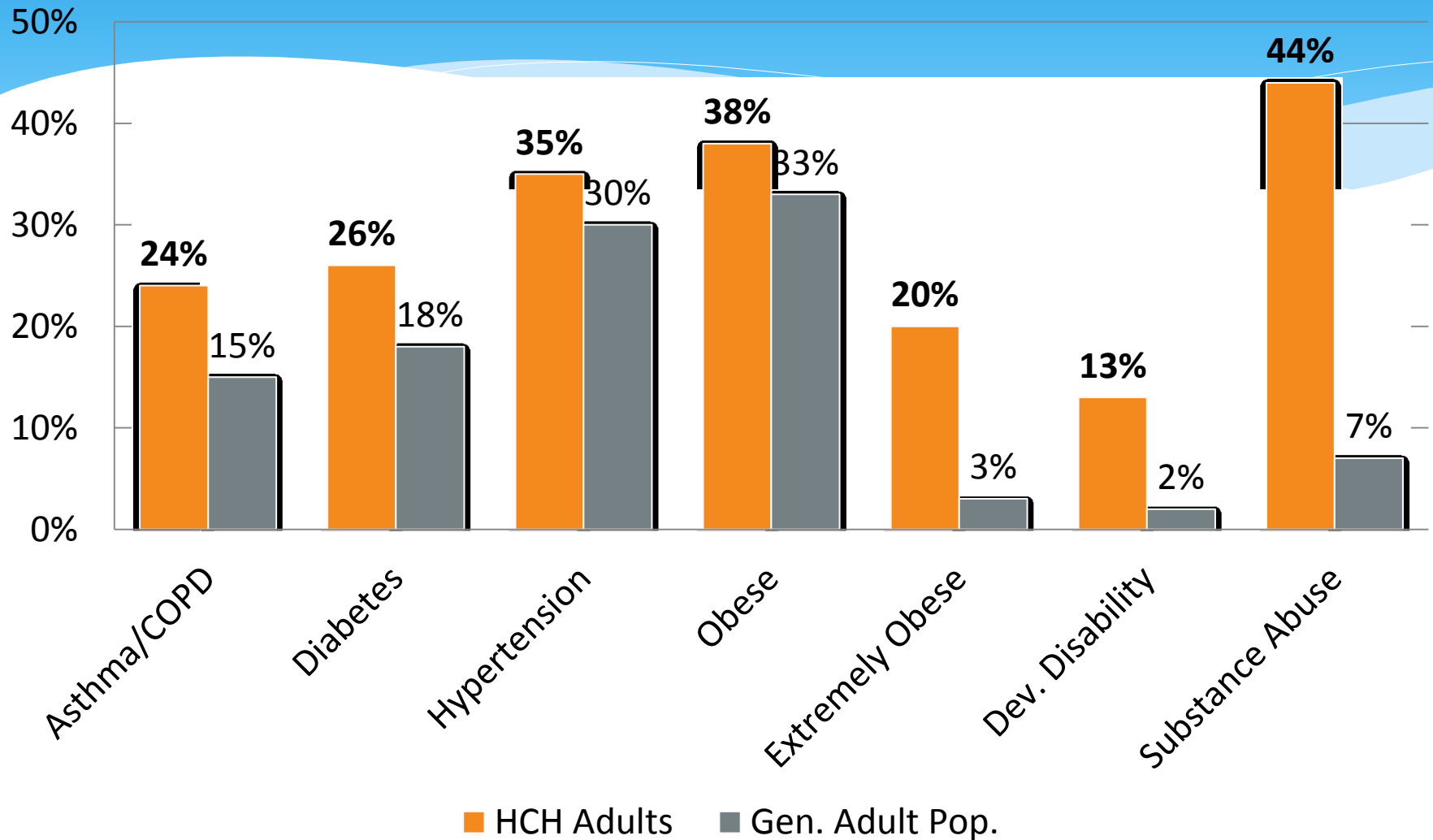
Outcomes | Metabolic Syndrome Screening



Prevalence | BMI and Obesity



Prevalence | Chronic Disease



Show Me Outcomes | Cost Savings (after 1 year)



Missouri's Health Homes have saved an estimated \$36.3 million.

SAVINGS = \$60 PMPM

Community Mental Health Centers Healthcare

Homes have saved Missouri \$31 million!

SAVINGS = \$98 PMPM



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